EGYPT2024

ELFIT

CHAMPIONSHIP

# ELFIT CHAMPIONSHIP 2024

# RULES BOOK

WWW.ELFITEG.COM

ELFIT

@elfit_egypt

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# WELCOME TO ELFIT CHAMPIONSHIP

We would like to welcome you to the 12th edition of ELFIT.

We're honoured to be not only one of the biggest events in the sport worldwide, but also one of the oldest Fitness competitions that is still up and running.

Every year ELFIT brings together a huge community of athletes from all fitness levels and from countries all over the world to compete, gather and celebrate well-being and fitness together.

This year the event will be held from 13-16 November 2024 at the New Capital Sports City world class facility for the 4th time in a row.

We promise to keep delivering a one-of-a-kind event and strive to bring the Fitness community together to celebrate health, good habits and sport; all while enjoying being in one of the most historically rich and cultural countries like Egypt.

*Adam Elzoghby*
*Co-Founder & Event Director*

## GENERAL RULES:

- To participate in any stage of ELFIT competition, all athletes (individuals/team) must agree and abide to all the rules and policies, including, without limitation, the assumption of risk, and publicity release, all of which are incorporated by reference, and to the decisions of ELFIT, which are final and binding in all respects.
- All athletes are required to have completed and abide by the appropriate waivers and documentation as outlined by ELFIT, paid and validly registered for entry, completed an online and/or on-site check-in process and must be wearing official event identification and/or credentials where specified.
- ELFIT prohibits athletes from using any illegal performance enhancing substances. If it is found that an athlete is under the influence or use of such substances, ELFIT reserves the right to disqualify the athlete from the competition and/or revoke any prizes earned while under the influence or during the use of such substances.
- This Guide is not intended as a limitation on ELFIT staff rights to operate ELFIT in any manner it sees fit. ELFIT, reserves the right to terminate any athlete, coach, staff, volunteer, judge, visitor, guest, supporter, teammate and/or spectator at any time, with no further obligation or duty to such individual.
- ELFIT has, and may, delegate to an On-site Director, the absolute authority on any final ruling including, without limitation, disqualification of an athlete, removal of spectator(s), or dismissal of any attendee. • It is the sole responsibility of the winners and/or compensated athletes to present valid identification when requested.
- All prizes are subject to applicable taxes and withholding, and prize winner's compliance with, and agreement to, The ELFIT prize affidavit.
- Photography and footage: non-professional, non-flash photography, and video cameras are permitted at any of ELFIT Fitness events for personal use only. All cameras (video and still) must be handheld with a telephoto lens no longer than 12.7 cm (5 inches) in length. Monopods, tripods, and cameras with telephoto or interchangeable lenses greater than 12.7 cm (5 inches) in length (professional photography equipment) are not permitted.
- ELFIT Championship is owned & managed by ELFIT Fitness Events & In The Zone Sports, both have the right to use any photo/video taken from the event without any restrictions and all athletes comply with and agree to that.
- Your registration to the event indicates that you have read the rules and WAIVE, RELEASE, AND DISCHARGE ELFIT from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for my disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to you. I INDEMNIFY, HOLD HARMLESS, AND WILL NOT SUE the entity and/or persons organizing this event and waive them from any and all liabilities or claims made as a result of participation in this activity or event, whether caused by the negligence of release or otherwise,

## SPORTSMANLIKE:

• A sportsmanlike manner should be followed by all athletes and their supervisors.

• Athletes aren't allowed to assault the judges or organizers verbally or physically at any time and if any athlete is facing any problem should report to the head of judges and wait for his/her decision, and in case the athlete didn't follow the procedures, the athlete may be grounds for penalty, suspension, disqualification, removal from the event, disqualification from future events or legal action.

• Athletes aren't allowed to interfere or harass other participants during their workouts, and in case any athlete was involved in deliberately harming other participants, he/she will be considered disqualified from the competition.

• In case the athlete's coach or friend interfered or harassed other participants or assaulted any of the judges or organizers verbally or physically at any time, this athlete will be disqualified immediately.

• In case any huge issue occurred with any of the athletes; individuals or teams, that the head of judges couldn't take the best decision, the On-site Director can interfere and has absolute authority to take the decision that best suits the situation.

• Any action that prevents another athlete from having a fair opportunity to compete (e.g., abuse, alteration of equipment, or refusal to follow instruction) or that interferes with an athlete's and event judge's communication (e.g., external noise devices, bull horns, air horns, etc.), or is generally disruptive to the event, is not allowed.

• All information provided, either in registration submissions, video submissions, scores, times, or reps or rounds completed, must be the complete truth. A lack of integrity, or any actions that evince an intent to cheat or circumvent the rules or intent of the rules of ELFIT, including lying (as one example) will result in disqualification.

## PARTICIPATION REQUIREMENTS:

• Any athlete meeting ELFIT's age and eligibility requirements may register to compete in the online qualifiers. Any athlete wishing to participate in the online qualifiers must complete the registration process in time to be eligible to compete in the first online qualifiers workout of the season

• ELFIT reserves the exclusive right to allow or deny the participation of any athlete. ELFIT also reserves the exclusive right to validate or invalidate any athlete's scores submitted for the purpose of qualifying for ELFIT Finals. ELFIT will make such participation and scoring decisions to preserve the integrity of the competition.

• ELFIT reserves the right, in its sole and absolute discretion, to invite past winners, guest athletes, teams, or others to participate in any stage of the competition. This decision may be made to preserve the traditions and spirit of ELFIT or for any other reason at the sole discretion of ELFIT

• All registrations are final. No refunds or transfers will be permitted, regardless of reason (injury, illness, change in work schedule, deployment, pregnancy, etc.). Teams may substitute an athlete for a fee of $50 up to 1 week before the event, the substitution must submit all requested information.

• All athletes must validly and truthfully register online at the official registration and scoring platform Competition Corner and it is the athlete's sole responsibility to provide current, valid, and truthful information, including an email address.
• All athletes younger than 18 years old must provide additional parental consent during the on-site check in and a parent or guardian must be available onsite.

## ELFIT CHAMPIONSHIP 2024 DIVISIONS:

**ELFIT Championship 2024 15 divisions – 26 Categories**

**To compete in ELFIT, the following divisions will have to do the online qualifiers in August:**

- **Men Elite: (**Born in 2005 or before)
- **Women Elite: (**Born in 2005 or before)
- **Men Masters 35+: (**Born in 1989 or before)
- **Men Masters 40+: (**Born in 1984 or before)
- **Men U21:** (Born in 2003 or after)
- **Women U21:** (Born in 2003 or after)
- **Men U19:** (Born in 2005 or after)
- **Women U19:** (Born in 2005 or after)
- **Men U17:** (Born in 2007 or after)
- **Women U17:** (Born in 2007 or after)
- **Scaled Men Masters 35+:** (Born in 1989 or before)
- **Scaled Women Masters 35+:** (Born in 1989 or before)
- **Scaled Men:** (Born in 2005 or before)
- **Scaled Women:** (Born in 2005 or before)
- **Intermediate Men:** (Born in 2005 or before)
- **Intermediate Women:** (Born in 2005 or before)
- **Rookies Men:** (Born in 2005 or before)
- **Rookies Women:** (Born in 2005 or before)

**The following divisions will not need online qualifiers, they can register directly for the finals:**

- **Women Masters 35+:** (Born in 1989 or before)
- **Women Masters 40+:** (Born in 1984 or before)
- **Women Masters 45+:** (Born in 1979 or before)
- **Men Masters 45+:** (Born in 1979 or before)
- **Men Masters 50+:** (Born in 1974 or before)
- **Men Masters 55+:** (Born in 1969 or before)
- **Men's Teams (3M):** (Born in 2005 or before)
- **Scaled Mixed Teams (2M+1W):** (Born in 2005 or before)

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## REGISTRATION:

• It is the athlete's sole responsibility to provide valid, up-to-date, and truthful information in creating their account including, and not limited to their date of birth, e-mail address, mobile number & nationality.

• Registration will open for the online qualifiers on Wednesday July 10th, 2024.

• Registration will close on Tuesday August 20th, 2024, at 22:00 GMT.

• All divisions qualified and competing in the final event must attend the obligatory log-in and briefing which will be held at the event venue on Wednesday November 13th, 2024. (Exact briefing details and timings will be communicated after the leaderboard announcement)

ONLINE QUALIFIERS REGISTRATION FEES*

• Online Qualifiers Registration prices are listed below. All payments are final. No refunds or transfers will be permitted, regardless of reason (injury, illness, change in work schedule, deployment, pregnancy, etc.)

• Prices of the early bird registration fees will be based on first come first serve basis, limited spots only are available.

| Division | ONLINE QUALIFIERS | |
|---|---|---|
| | Early Bird<br>10 July- 1 Aug | Normal<br>2 Aug- 19 Aug |
| Men/Women Elite | $20 | $30 |
| Men/Women Scaled | $20 | $30 |
| Men/Women Intermediate | $20 | $30 |
| Men/Women Rookies | $20 | $30 |
| Men Master 35+ | $20 | $30 |
| Scaled Men/women Masters 35+ | $20 | $30 |
| Men Master 40+ | $20 | $30 |
| Men/Women U21 | $20 | $30 |
| Men/Women U19 | $20 | $30 |
| Men/Women U17 | $20 | $30 |

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## ONLINE QUALIFIERS:

All mentioned divisions' competitors announced above will have to go through the online qualifiers to qualify to the finals in November 2024.

• The online qualifiers will be held from August 1st till August 20th, 2024.

• EQ24.1 will be announced on Thursday 1st of August 2024 and the deadline to submit the score is Tuesday August 20th, 2024, at 20:00 GMT.

• EQ24.2 will be announced on Saturday 3rd of August 2024 and the deadline to submit the score is Tuesday August 20th, 2024, at 20:00 GMT.

• EQ24.3 will be announced on Monday 5th of August 2024 and the deadline to submit the score is Tuesday August 20th, 2024, at 20:00 GMT.

• For every workout once, the deadline has passed athletes will not be able to adjust or re-submit any score for that workout.

• Athletes who want to qualify for ELFIT Championship 2024 must submit a valid video with their score submission via Competition Corner official event page before the announced deadlines.

• While scores are being validated through your facility, ELFIT holds the right to use video submissions for revalidation prior to sending out the championship invitations to the individual athletes.

• It is the sole responsibility of the athlete to ensure the timely and successful submission of their workout, Submissions that are incomplete or not verified will not be accepted.

• To find out more about Score & Video Submissions Refer to Online Submission Guidelines BELOW.

## ONLINE QUALIFIERS LEADERBOARD:

• All divisions' Leaderboard will be officially announced on Sunday September 15th, 2024, after validating all scores.
• Athletes will be ranked based on their performance against other athletes' scores in each workout.
• Points will be awarded based on placement in a workout—1 point for first place, 2 points for second place, and so on, Lower points win.
• The total points will be ranked in the overall ranking list and the winner will be the athlete that has accumulated the fewest points after all workouts have been completed.

QUALIFYING TO THE FINALS:

The Following Athletes/teams from the online qualifiers overall leaderboard will qualify to ELFIT Championship 2024 held at the New Capital Sports City, Egypt from 13th – 16th November 2024

➢ Men/Women Elite: 55 Men & 35 Women
➢Men/Women Scaled: 38 Men & 38 Women
➢ Men/Women Intermediate: 10 Men & 10 Women
➢ Men/Women Rookies: 10 Men & 10 Women
➢ Men/Women Masters 35+: 18 Men & 10 Women
➢ Men/Women Scaled Masters 35+: 10 Men & 10 Women
➢ Men/Women Masters 40+: 18 Men & 10 Women
➢ Men/Women Masters 45+: 20 Men & 10 Women
➢ Men Masters 50+: 10 Men
➢ Men Masters 55+: 10 Men
➢ Men/Women U21: 18 Men & 10 Women
➢ Men/Women U19: 18 Men & 18 Women
➢ Men/Women U17: 10 Men & 10 Women
➢ Men's Team: 30 Teams
➢ Mixed Teams Scaled: 50 Teams

* If the number of registrants in any of the online qualifications categories doesn't exceed the number of their spots in the finals, we will qualify a percentage of the registered athletes in this category.

* ELFIT's management team solely has the right to give one or more athletes a wild card to qualify directly in any division.

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## Finals Registration Fees*:

**The top athletes from the online qualifiers will be invited to compete at the finals held from 13-16 November 2024 at the New Capital Sports City.**

**All payments are final. No refunds or transfers will be permitted, regardless of reason (injury, illness, change in work schedule, deployment, pregnancy, etc.)**

| Division | Fees |
|---|---|
| Men/Women Elite | $120 |
| Men/Women Scaled | $75 |
| Men/Women Intermediate | $75 |
| Men/Women Rookies | $75 |
| Men Masters 35+ & 40+ | $100 |
| Men/Women U21 & U19 &U17 | $75 |
| Men/Women Scaled Masters 35+ | $75 |

| Division | Finals Directly | |
|---|---|---|
| | Early Bird<br>10 July- 1 Aug | Normal<br>2 Aug- 19 Aug |
| Women Masters 35+ & 40+ | $100 | $120 |
| Men/Women Masters 45+ | $100 | $120 |
| Men Masters 50+ & 55+ | $100 | $120 |
| Men's Teams (3M) | $300 | $380 |
| Scaled Mixed Teams (2M+1W) | $200 | $280 |

*All prices are excluding 3rd party processing fees.

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## QUALIFIED ATHLETE'S INVITES:

• Qualified athletes will receive an official invitation to the final event via email.

• Athletes will have 48 hours to accept their invitation and **register for the final event (paying the finals' registration fees)**, if the athlete didn't confirm by registering for the finals within 48 hours from receiving the finals invitation; their spot will be given to the next athlete in the ranking list. They will also have 48 hours to accept and register before contacting the next athlete. This process will continue until each category capacity is reached.

## INVITATIONS SEND OUT DATES:

➔ **September 18th:** Qualified invitations send out round 1.

➔ **September 21st:** Qualified invitations send out round 2.

➔ **September 24th:** Qualified invitations send out round 3.

## ONLINE SUBMISSION GENERAL GUIDELINES:

• Athletes who want to qualify for ELFIT Championship 2024 must submit a valid video with their score submission via Competition Corner official event page before the announced deadline.

• ELFIT team will evaluate your video if your score is potentially in the top **of the leaderboard in** each Workout. ELFIT team reserves the right to correct the scores if needed.

• Videos must be uploaded on a public platform (i.e., YouTube, Vimeo, or Google Drive …etc.), athletes will have to provide the link to the video while submitting their score.

• It is the sole responsibility of the athlete/team to ensure the timely and successful submission of their workout each week. Submissions that are incomplete or not verified will not be accepted, including but not limited to: video being available and public, wrong video submitted video, wrong motions, wrong weights, ...etc.)

• Any athlete that feels that their video submission may be delayed due to issues with the uploading should send an email to support@elfiteg.com notifying ELFIT team of these difficulties. ELFIT team must receive this email notification PRIOR to the score submission deadline announced. Once the deadline closes athletes will not be able to adjust or resubmit any score for that event.

• While scores are being validated through your facility owner/manager ELFIT judging team holds the right to review any or all videos submitted, as part of this video review process, the athletes posted score may be accepted, modified, or invalidated without warning, and after the close of the competition.

• Athletes may complete the workouts for the online qualifier as many times as they desire and resubmit new scores until each workout submission deadline.

• Athletes submitting videos are advised to have someone strictly watching their movement to ensure each repetition meets standards, and that the camera captures the movement clearly. Penalties may be assessed due to an athlete not meeting the movement standard or due to improper camera angles that do not permit the judge to determine if the standard is being met.

• The athlete is responsible for making sure they perform the workout as prescribed, including performing all the required movements to the described standard, counting, and completing all the required reps, using the required equipment and loads, meeting the required time and meeting all submission requirements.

• While the ownership of the online qualifier's videos remains the athletes' right, ELFIT reserves the rights to use all the videos submitted through Competition Corner without limitation. For example, and not limited to: qualifying the athletes to the event, Marketing use on all platforms, technical briefs, training, .etc.

**Before starting each workout, the athlete must do the following:**

• Athletes must state their name, division, workout name, judge name and affiliate/facility. • All equipment used must be clearly displayed and measured (Weights, box, wall-ball target height, etc.)

## DURING EACH WORKOUT make sure that:

• Video must be taken from an angle that shows the full profile of the athlete to ensure that full motion standards are met.

• Videos CAN NOT BE EDITED in any way. The video needs to be ongoing. Cutting the video will result in immediate disqualification.

• The athlete needs to be in the video at all times during the workout.

• The timer must always be in clear sight throughout the video. (a tablet can be used).

• The equipment needs to be in the video at all times.

• The judge, if any must not touch or move the equipment, except for activating the rowers display which is allowed or when there's a serious risk of injury for judge or the athlete.

• The qualification process is a competition environment. Having a judge in your video ready and able to give and show no-reps is a plus. Additional no-reps given at video reviewal will result in penalties and/or rejection of the video.

## VIDEO QUICK TIPS:

• Videos CAN NOT BE EDITED in any way. The video needs to be ongoing. Cutting the video will result in immediate disqualification.

• YouTube allows uploads longer than 15 minutes, Click HERE to find more information.

• Upload videos with plenty of time to spare, uploading large video files can take a long time.

• If you're using a phone, set it to airplane mode to avoid unwanted interruptions during filming.

• Ensure your filming device has enough battery life to film the entire WOD, and enough memory.

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## SCORING PENALTIES

• Prior to submitting a video, athletes should review the video to ensure their reps meet the required standards, the camera angle permits the judge to determine if the movement standards are being met or not and determine if there are any technical problems with the video itself.

• Videos that show a discrepancy between the score submitted and the score displayed in the video will undergo the following penalties:

- If it's a **'For Time' workout**: Every no rep that is counted will **add three seconds** to the score. - If it's an **'AMRAP' workout**: Every no rep that is counted will be deducted from the score.

## ONLINE QUALIFIERS APPEALS

For all inquiries/appeals during ELFIT online qualifier, the following process will be used:

• The competing athlete immediately notifies ELFIT Judging Team at support@elfiteg.com about the results in question by relating their name and reason for protest. Please note, inquiries will be answered in the order they are received. Scoring protests/appeals made by anonymous individuals regarding another athlete's performance will not be accepted.

• ELFIT staff and athletes will communicate to fact find and define the issue in protest.

• Meeting submission requirements and deadlines is the responsibility of the athlete.

## FINALS ON-SITE RULES:

**Athletes log-in/check-in:**

• Log in & Briefing will be held on Wednesday November 13th, 2024, log in schedule will be shared via social media after the leaderboard announcement.

• All athletes/teams must complete an on-site check-in process which is mandatory.
• Any athlete or team not checked-in on that day is not guaranteed event access and can be disqualified from competition.

• Athletes will need to have a printout of their confirmation e-mail as well as a proof of age, and residency is required (can be in the form of a passport, birth certificate, driving license or National Egyptian ID for Egyptians) • All athletes will receive their competition ID, participation kit in addition to sponsors' giveaways upon availability.

• Athletes/teams may be granted a late check–in, in case of special circumstances. ELFIT reserves the right to deny special requests. Athletes/teams in need of this must contact ELFIT staff at least 1 week before the check-in date to request a late check-in.

• All competing members of a team are required to complete check-in individually. Another athlete/person/team member may not complete check-in for any other individual. Unless it was pre-approved by ELFIT HQ team

• Once the first workout has begun, any Athletes or Teams who have not checked in will be disqualified from competition.

• Athletes are handed identification cards/bracelets that should be kept with them at all times, and should be shown upon request, if at any time the athlete didn't show the identification card or has lost it, they will be subjected to the risk of disqualification.
• Each athlete/team will be given a coach bracelet during their check in which allows one coach per athlete/team in the warm-up area.
• The coach access bracelet is only used to allow the coach to enter the warmup area and the athletes/coaches' bleachers area.
• At all times, the coach must present the required event pass and/or credentials to enter this area. Coaches are ***not allowed to enter the competition area or the athletes' area at any time.***
• If a team member is injured, the team may continue competing until such time that they are unable to complete the workout as prescribed. At this point, the team **MIGHT** not advance in the competition.
• Personal therapy providers, photographers/videographers or athlete entourage are considered general admission spectators and will not be allowed access to competition arenas, warm-up areas or restricted athlete-only areas. • Athlete
rehabilitative medical staff (soft tissue and body care providers) will be provided by ELFIT to all athletes in a designated restricted access area. Any athletes requesting the use of their own personal therapy providers (massage, PT, chiropractic, etc.) must do so in designated locations within the general admission access area.

**Competition Schedule:**

• The schedule and workouts will be released before the competition begins. The date, location, and travel information for ELFIT will be distributed on ELFIT website and/or through e-mail to each competing athlete. • It is the responsibility of each competing athlete and team to meet all required travel and scheduling commitments. This includes but is not limited to, all event briefings, competition schedules and non-competition appearances. Athletes are required to designate a point of communication with ELFIT at the athlete registration and maintain this throughout the entire duration of the event.

## ATHLETES BRIEFING:

The defined method in which the athlete shall meet the range of motion standard will be announced by ELFIT. Delivery can be in the form of online media, written documents, or athlete briefing either with or without demonstration. Regardless of delivery method, the athlete is required to meet or exceed the event's movement standard's requirements during all competitions. (Example: If a squat snatch is prescribed as the event's movement standard, a power snatch will not meet the standard, unless otherwise stated).

Delivery of the event's movement standard and required range of motion to all participating athletes & teams will occur during an athlete briefing just prior to the event. This briefing will typically be delivered by the technical director or any of the head judges, with or without visual demonstration.

The briefing can be on the same day of the event at the event location or can be in a different location/day. • There will be an opportunity for athletes to have questions answered at the briefing. Athletes' attendance is mandatory for the daily briefing. The time and location of such briefings will be communicated to athletes. • ELFIT reserves the right to make changes to the date, time, and location of athlete briefings based on changes to the event schedule. Any such changes will be properly communicated with all athletes in advance. Athletes and teams who are absent from these briefings may be subject to the loss of protest rights during the competition and may also be disqualified from further competition

• Demonstration of the event's movement standard applying the acceptable range of motion, or demonstration of unacceptable range of motion is not required and will be used as needed.

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# FINALS SCORING SYSTEM & GENERAL RULES:

**Championship detailed scoring system for all categories will be announced before the event during the briefing**

• Athletes and teams will complete multiple workouts over three days. Details will be released prior to the start of any workout and will be consistent for all eligible athletes at the time of release. The athlete and team that stands on top of the leaderboard in their competitive category at the end of the competition will earn 1st place in that division at ELFIT Championship 2024.

• On-site judges will validate scores for each workout an athlete performs.

• At each round athletes/teams will be ranked on their performance in each workout. Based on their relative rank, they will be assigned points. Their total points will be ranked on the overall ranking list. The top athletes/teams on the overall ranking list will advance or win the competition.

• The scoring system as well as the tiebreaker rule in case of any score ties will be announced on the briefing day.

• Some workouts may have a minimum amount of time, repetitions, weight or rounds required in order to advance.

• Any such minimums will be announced as part of the workout format. Failure to reach a minimum may result in the athlete or team not advancing to the next workout, regardless of overall rank.

• If an athlete does not advance to the next workout for any reason (DNF, injury, disqualification, etc.), they will be ranked below all competitors who started that workout.

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## JUDGING & APPEALS:

• Judges are instructed not to touch competition equipment or move equipment during a workout unless the equipment will interfere with another athlete's performance or if there is a legitimate safety concern. • Judges' calls made during the workout are final and are not negotiable or subject to change or modification. • Event judges & on-site directors have the authority to stop or suspend an athlete at any point in competition if he or she feels that the athlete is at risk of serious injury to himself/herself or others.

Physical limitations in range of motion from prior physical defects or temporary or permanent injuries that are obvious beginning of the competition may be granted an exception at the sole discretion of ELFIT' sole discretion. These cases are very rare and will be handled on a case-by-case basis.

**Appeals:**

• On-site appeals process, and regulations will be shared with all qualified athletes before the event. **Attire:**

• Proper attire is required at all events.

• No attire shall interfere with event judging and the ability to see the event's movements' standards or range of motion.

• Subject to ELFIT prior approval, joint sleeves, gloves, belts, and common fitness wear may be allowed during competition. However, no grip assistance or weight support may be derived from any device worn. In general, gear is allowed that improves safety and/or comfort but does not confer an advantage.

• Once an athlete enters the competition surface, they may not receive any outside material assistance (water bottle, tape, chalk, jumping rope, etc.) from spectators or coaches.

## PRIZES:

• ELFIT 2024 overall prizes will be announced before the final event

• All prizes are subject to applicable taxes, withholding, and the prize winner's compliance with, and agreement to the ELFIT prize affidavit.

• Prize money will be wired to their bank account 12-15 weeks after the event